



Skyler Huda

(Cardinal Mooney High School,
Hiram College Women's Soccer)

I've been going to Troy for about five years now and honestly I never met such a kind hearted person. He not only wants you to strive on the field but off the field as well. Troy has helped me gain muscle, learn how to be quick on my feet, and place me in the best shape as possible. I would not be where I am at today, playing at the collegiate level, if it was not for Troy. Not only is Troy my trainer but he is also my friend, I can always call him when I need him. If I had to suggest any of my friends or fellow athletes to a trainer Troy would be my first choice. You will see epic growth and progress from the time you start to the time you finish. For these are only good things to talk about when I hear the name Troy Parks.