



Katlyn Klasic
(Tiffin University Womens Soccer)

I have completely changed as an athlete with all thanks to Troy. I came in after I completely plateaued as an athlete and troy welcomed me and made me feel like I was apart of a family. From the first day he has done nothing but push me to do my best and to be a faster and smarter version of myself. Now as I return to my college i've never been in a better athletic state in my life. Troy has helped me completely change not only my ability on the field but also my mentality as he gave me a good example of why to love your sport and lifting again. No matter your age or where you stand Troy will take you and turn you into the best athlete and person possible. I am beyond grateful for Troy and everything he has done.